

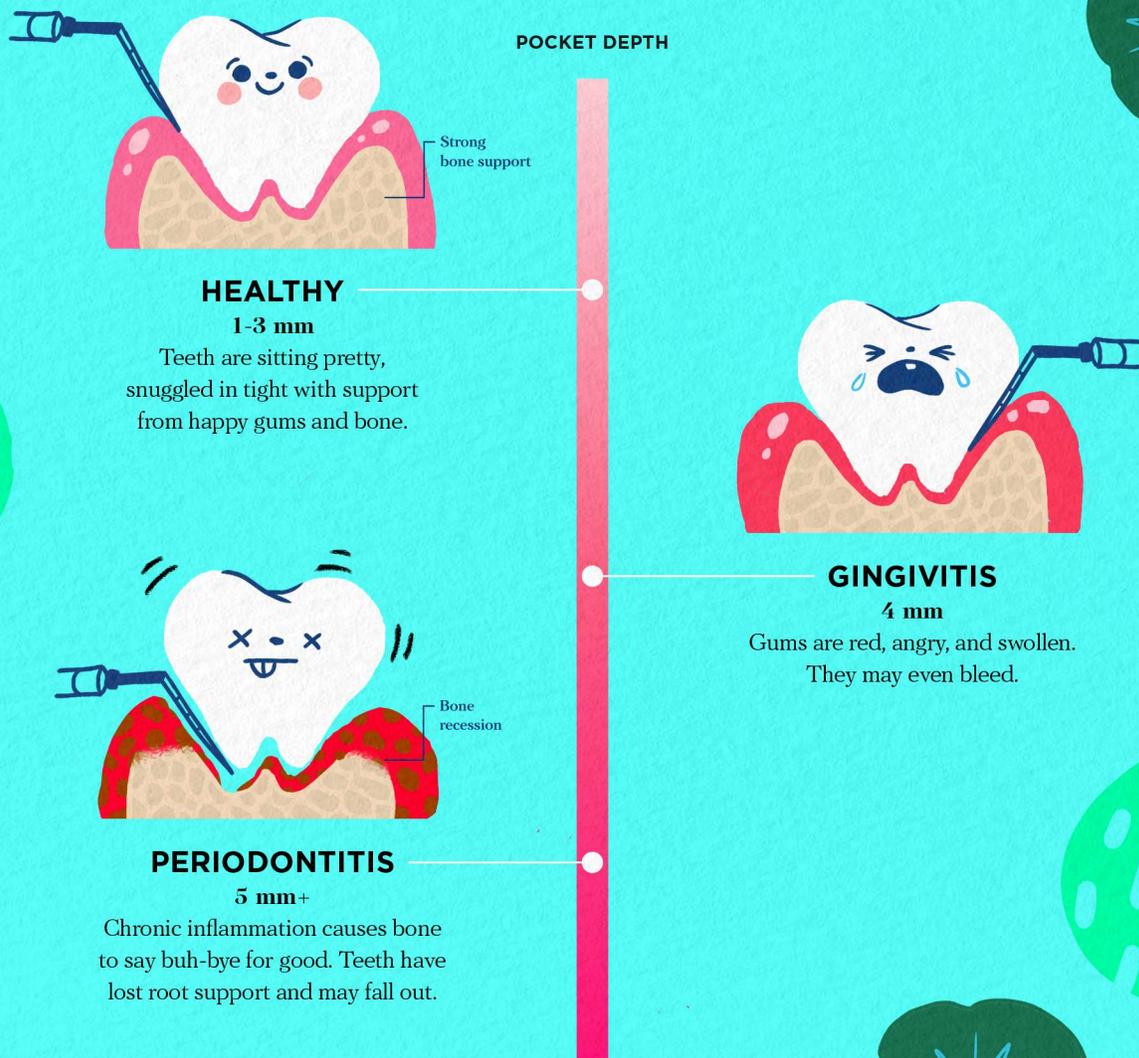
COCOFLOSS

PERIODONTITIS

WHAT IS PERIODONTITIS?

(per-ē-ō-don-tie-tis)

Periodontitis, or gum disease, is a chronic bacterial infection that causes inflammation in your gums and the supporting structures of your teeth.



For more flossy facts, visit Cocofloss.com.



THE PERIODONTAL EXAM EXPLAINED

THE REASON BEHIND ALL THE POKING

You know those numbers, “two, two, three,” “three, two, three,” that your hygienist reads out while poking around your teeth with a pointy metal instrument?

Your hygienist is using a periodontal probe (Don't worry—it's not actually sharp!) to gently measure the space, or a.k.a pocket, between your teeth and gums. They usually take six measurements per tooth.

A normal, healthy pocket is around 1 to 3 millimeters deep. In early gum disease, or gingivitis, pocket depths increase and gums become puffy and red. They may even bleed.

When gum disease goes unchecked, these pockets deepen as the bone supporting your teeth recedes, eventually leading to tooth loss.

Questions? Drop us a line at help@cocofloss.com or call 855-661-4719. We're always happy to chat!

And visit Cocofloss.com for more oral health info.

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